

Thalassa spa



JA

by Juliet Armand

Index

Facial Treatments

Massage

Therapeutic Massage

Body Treatments

Treatment Combinations

Suggestions for Couples

Additional Services

Thalassa Spa Etiquette



Welcome to Thalassa Spa

A sound mind in a healthy body

The well-known ancient saying claims that in order to have a healthy mind, one must have a healthy body.

Following our ancient tradition and philosophy of wellness, we are willing to lead the visitors of Thalassa Spa on an enjoyable journey of relaxation in a "sea" of senses.

We offer a unique selection of treatments by the luxury brand of cosmetics Juliette Armand, in order to bring out the beauty of each one of our visitors through the paths of wellness and rejuvenation.

From all of us in Thalassa Spa, a very warm welcome!



Facial Treatments

Protein Lifting Therapy

Firming therapy with an immediate sense of "lifting" based on proteins. Improves its coherence skin, restoring its firmness, smoothing the wrinkles, and glowing. Suitable for all skin types.

75€ / 50 mins

Hyaluronic Hydra Facial

A special treatment based on the moisturizing effect of hyaluronic acid. It offers deep and long lasting skin hydration and enhances the contour of complexion.

65 € / 55 mins

Treatment Enhancement

Whether you are looking to de-stress or to address a particular issue, we highly recommend adding the following treatment to your choice of Facial Treatment

Foot Massage

A system of massage used to relieve tension, based on the points on the feet linked to every part of the body. We focus on your calves and feet. This treatment provides improved circulation, stress relief and general well-being.

45 € / 25 mins

Facial Treatments

Thalassa spa

Caviar Anti-wrinkle Facial

The ultimate anti-ageing and firming treatment with Salmo Ovum caviar, Omega-3 and Omega-6 fatty acids. Caviar is rich in proteins, vitamins, amino-acids and trace elements. It provides skin with the essential ingredients necessary for the preservation of its cellular integrity.

70 € / 55 mins

Thalassa C Radiance Facial

A detoxifying and oxygenating treatment to refine your skin's texture and restore a healthy glow. Based on the beneficial qualities of the Vitamin C, which are used as a latex mask, it hydrates, brightens, smoothes and restores skin's natural softness and suppleness, enhances luminosity and reveals a more youthful complexion.

70€ / 55 mins

Deep Cleansing Facial

Deep facial treatment combination of thorough steaming and deep cleansing to remove facial extraction and pore clogging. Indulge in the soothing of azulene and camfora masks and enjoy their refreshing and calming effects. This treatment will scrub dead cells away, leaving your skin silky soft and glowing.

85 € / 90-120 mins



Massage

Thalassa Spa

Thalassa Holistic Massage

A complete body, head and face massage, beneficial for the nervous, circulatory and muscle system. It is popular both for its therapeutic and rejuvenating qualities as well as for the immediate relaxation and pleasure it provides.

You can choose the volume of pressure and the duration of the treatment, according to your personal needs.

85 € / 55 mins

Swedish Massage

Massages which are applied to the back and legs are the ideal choice for those who wish to get rid of muscle aches and relax their central nervous system. Helps in good blood circulation and is recommended for people with stiffness and osteoarthritis.

70 € / 45 mins

Deep Tissue Massage

A deep muscular massage for cramped muscles and tensions throughout the body. Using almond oil with special massage, and at the proper pressure the painful muscles are relieved, tension is discharged and the extent of movement improves.

85€ / 55 mins

Therapeutic Massages

Chakra Hot Stone Massage

A delightful/enjoyable experience during which warm volcanic stones are placed in specific energy centers (chakra) and help relax the nervous system, relieve anxiety, and balance the body's energy flow.

120 € / 80 mins

Candle Massage

A unique treatment with a substance made of candles. The refined, warm wax flowing over your body profoundly nourishes your skin, while a combination of gentle pressures and massages stimulates blood circulation and eliminates tension.

75€ / 55 mins

Aromatherapy Massage

A massage using essential oils of your choice. It elevates mood, provides deep relaxation, and relieves stress. Formulated to balance your energy and revitalise your spirit, while treating your senses to delightful fragrances.

75€ / 55 mins

Pregnancy Massage

Massage therapy during pregnancy is an excellent choice for prenatal care. It is a healthy way to relax tense muscles, to ease sore spots and to improve circulation and mobility. It results in better sleep, relieves anxiety and offers relaxation and sense of euphoria.

Please note that this treatment is performed only after the first stage of pregnancy (at least 3 months pregnant).

65 € / 50 mins

Treatment Enhancement

Whether you are looking to de-stress or to address a particular issue, we highly recommend adding the following treatment to your choice of Massage Treatment

Express Velvet Facial

An express hydrating treatment for all skin types. It replenishes skin moisture level and relaxes facial features after a long and tiring day. After this treatment your skin is smooth and radiant.

45 € / 30 mins

Body Treatments

Fucus Detox Therapy

Detox treatment with algae that rights cellulite and local thickness and smooths the body's epidermis. Enhances microcirculation and activates cell metabolism in the system. It combines seaweed, caffeine, and artichoke.

75€ / 50 mins

Light Legs Cryotherapy

Treatment that relieves legs from swelling and symptoms of tiredness improves lymphatic circulation and enhances the skin's elasticity. It combines cryotherapy with the action of products with firming ingredients

45€ / 35 mins

Triple Action Shape Therapy

Triple-action body treatment for slimming, cellulite prevention, and firming. It combines hot- cold alternation with the use of unique products. The process of lipolysis is activated, microcirculation is stimulated and the skin is detoxified and sculptured, regaining its normal shape and elasticity.

80€ / 55 mins

Body Peeling

Body scrub for soft and smooth skin. It removes dead cells and the skin remains hydrated and healthy.

40€ / 30 mins







Treatment Combinations

Thalassa Spa

Ear Candling

This ancient tradition of clearing ear canals aims at removing toxins, earwax and other debris from the ear. This treatment combines the warmth of candles with a unique scent that leaves you with a wonderful sense of relaxation. The ear candling treatment is an absolutely safe and therapeutic method.

50 € / 45 mins

After Sun Treatment

This body and face spa treatment is ideal for sun-exposed skin. It helps the tired skin to reform and rejuvenate. In combination with the natural oils and masks used in this treatment, a special care is given to the parts that need an immediate nourishment and relief.

70 € / 75 mins

* Please feel free to ask at the Spa reception about the proposed face and body treatments (or massages) and make your own package with a discount!

Suggestions for Couples

Thalassa spa

Whether you are deeply in love or you want a luxury break with your partner, the following treatments are especially designed for couples wishing to share a relaxing and rejuvenating experience.

Sweethearts

Time to celebrate!

Rejuvenate in your private Thermal Suite. Indulge in a luxurious, side by side Aromatherapy Body Massage followed by a moisturizing facial treatment. Then, unwind by the indoor pool with a fresh fruit salad and a cocktail.

120 € per person / 110 mins

Luxury

Enjoy a highly hydrating "Body Peeling" followed by a romantic "Thalassa Holistic Massage". Relax with the "Thalassa C Radiance Facial Treatment", which will make your skin smooth and glow with vitality. Toast to the good life! Chocolate-dipped strawberries* and a champagne glass at your Jacuzzi create the ideal atmosphere! Spoil yourself with more luxury.

180 € per person/ 150 mins

Sense of Balance

Let yourself free to experience a small taste of all our services. It includes half an hour body massage, half an hour facial treatment and a hydrating foot treatment. If you are looking for a little more pampering, you can upgrade your facial treatment or body massage to full hour. After the treatments, enjoy a cocktail along with a fruit salad by the indoor pool.

95 € per person/ 90 mins
120 € per person / 120 mins

Journey of Senses

Rest your body and sooth your muscles with a "Hot Stone Massage". Then, treat yourself to a refreshing and nourishing "Hyaluronic Hydra Facial" treatment. This deluxe package concludes with a cocktail and a fruit salad by the indoor pool.

160 € per person / 135 mins

*If strawberries are out of season they will be replaced by other seasonal fruits.





Additional Services

Nail Treatments

Manicure 30 €

French Manicure 35 €

Spa Manicure 40 €

Pedicure 35 €

French Pedicure 45 €

Spa Pedicure 50 €

Manicure - Pedicure 50 €

Polish Only 12 €

Shape Only 15 €

Long Lasting Polish +10 €

Men's Manicure 20 €

Men's Pedicure 25 €

Men's Manicure - Pedicure 40 €

Waxing Treatments

Full Leg 33 €

Half Leg 20 €

Bikini 17 €

Leg & Bikini 45 €

Half Leg & Bikini 29 €

Under Arm 15 €

Upper Lip 10 €

Back 35 €

Chest 27 €

Arms 22 €

Eyebrows 10 €

Spa Tastes

Glass of Sparkling Wine 6,50 €

Cocktail 8,50 €

Fruit Salad 8,50 €

Chocolate-Dipped Strawberries 8,50 €

Spa Bachelor

Spa with all your friends and have fun before you get married. Relish the "Thalassa Spa" experience and enjoy unique moments of serenity. Unwind by the pool and in the Jacuzzi and re-energize with treatments of your choice.

Spa Gift Vouchers

Treat your beloved ones to unforgettable moments of relaxation and bliss with a voucher they can redeem at Thalassa Spa. Select any treatments you like or let them choose for themselves.

Thalassa Spa Etiquette

Reservations

For any information regarding the Thalassa Spa and its services, please ask at the Spa Reception or dial 819 (internal line) / 28210 60660 (external line)

Advanced reservations are necessary to secure your preferred time. You will complete a health assessment form to help the therapist advise you properly. Your details will remain confidential.

Thermal Suite

It includes the use of indoor Swimming pool, Sauna, Jacuzzi and Experience Shower. It is provided free of charge prior to massages and body treatments. For those who wish to make use only of the Thermal Suite the cost is 15€ per person and reservation is needed. For hygiene reasons, you are kindly requested to wear your swimsuit and have a shower, before you use the spa facilities.

Preparation

We will provide you with towels, bathrobes, slippers, and disposable underwear during your treatment. There are lockers that you may use to keep your clothes. We strongly recommend keeping your valuables in your room's safe deposit box. Thalassa Spa is not responsible for losses or forgotten items.

Arrival

To enhance your Spa experience, we recommend you arrive 30 minutes before your scheduled treatment to take time to relax and make use of the spa facilities. Any delay may result in the reduction of the duration of your treatment.

Thalassa Spa Etiquette



During your stay

In the premises of Thalassa Spa smoking and the use of mobile phones are prohibited.

In consideration of other guests, please be aware of the volume of your voice, so that peace and harmony is maintained.

Massage on the beach

You have the opportunity to enjoy a unique massage experience next to the sea, in our specially designed gazebos on the beach. You can choose among the following treatments: Thalassa Holistic Massage, Anti-Stress Neck & Back Massage and Four Hands Massage. Please make your reservation one day in advance and keep in mind that these treatments are provided as long as the weather conditions permit. There is an extra charge of 30% on the regular price.

After your treatment

You are advised not to sunbath after any kind of massage, body and facial treatment or waxing for at least 6 hours.

Payment

You can charge your treatment to your room, as long as you stay in Thalassa Beach Resort. We also accept cash and credit cards.

Cancellations

We understand that for various reasons scheduling conflicts may arise. In that case, please inform the reception of Thalassa Spa one day before your scheduled appointment. A 50% cancellation fee will apply for delayed cancellations. A 100% cancellation fee will be charged to Non-show guests.



Thalassa Spa



Thalassa Spa

+30 28210 60660

Dial from your room 819

www.thalassaresort.gr